

# Work on Ladders



## ✓ DO

- ✓ It is essential to ensure that only a ladder meeting the requirements of Israeli Standard 1847 and suitable for the nature of the work will be utilized.
- ✓ You must check if the ladder is suitable for the work task (a non-conductive material ladder is suitable for electrical work).
- ✓ You must check after a sudden fall of the ladder or after it has been transported by a vehicle, to ensure that none of its components have been damaged, and that no cracks, distortions, or unreasonable gaps have been created between its parts.
- ✓ You must ensure that a thorough inspection of the ladder's integrity and completeness is performed at least once a year.
- ✓ You must ensure that a training program for safe working on a ladder, conducted by a qualified professional, is in place at the workplace, and that all employees understand the risks associated with ladder use.
- ✓ You must climb the ladder in a way that allows you to maintain a firm grip on three points of support at least, at every stage of the climb.
- ✓ You must place the ladder on a level, solid, and secured surface, and ensure its stability.
- ✓ You must ensure that only one worker stands on the ladder at a time, and that the load on the ladder does not exceed 150 kg.

## ✗ Don't

- Do not make any changes to the ladder except by the manufacturer.
- ✗ Do not make repairs except by authorized persons or by the manufacturer.
  - ✗ Do not return a defective ladder to service and a non-repairable ladder must be disposed of in a way that prevents further use.
  - ✗ Do not climb a ladder that is higher than 2 meters above the ground level, except for one meter below the top of the ladder.
- Do not work at heights on a ladder without wearing a safety helmet with a chin strap and safety shoes with anti-slip soles.
- ✗ Do not place the ladder on a slippery or wet surface.
  - ✗ Do not climb a ladder from the inside and with an inverted slope, in a way that deviates from its intended use.
  - ✗ Do not stand on the three top steps of the ladder.

